Little Storms

ABC chart

Child's name _____ **Week starting** _____

Fill in a row each time there's a storm, as soon after as you can. A few words in each box is plenty. The first row is an example.

Date	Time	A · Before (antecedent)	B · What happened (behaviour)	C · How everyone reacted (consequence)	Did it help?	Why do you think it happened?
		What was happening just before? Where were you, and who was around?	*What did they do and say? How big was it?*	*What did you and anyone else do?*	*Did what you tried work? How long until they were calm?*	*Tired, hungry, a change of plan? Anything else?*
e.g. Tue 14/10	*4:15pm*	*Leaving the park. He was tired after nursery.*	*Lay on the ground screaming and kicked his shoes off.*	*Stayed close, kept my voice quiet, then carried him to the car.*	*Yes. Calm about 10 minutes later, in the car.*	*Tired, and didn't want to leave.*

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